PEDiATRIC SCALDS: A Burning Issue

**DO**

- Set water heater temperature to no higher than 120°F/48°C, or just below the medium setting
- Create a “no kid zone” in the kitchen around stoves, ovens and hot items
- Keep hot drinks away from the edge of tables and counters
- Use a travel mug with a tight-fitting lid for all hot drinks
- Place pots and pans on the back burner with handles turned away from the edge of the stove

**DON’T**

- Leave a child unattended in the bathtub; if you must leave, take the child(ren) with you
- Allow young children to adjust the water temperature or sit near faucet handles
- Set anything hot on tabletops within reach of young children who can pull them down
- Allow appliance cords (slow-cookers, deep-fryers, coffeemakers) to dangle over the counter edge

**THE FACTS**

- The average annual cost of scald injuries is $44 million
- Over 136,000 children were seen in emergency rooms for burn injuries in 2011
- 1,100 children die each year from fire and burns

**THE FIX**

*If a burn injury does happen…*

1) Cool the burn with COOL (not cold) water to stop the burning process
2) Remove all clothing and/or diaper from the injured area
3) Cover the area with a clean dry sheet or bandages
4) Seek medical attention

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