

BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

Practice Domain - Burn Rehabilitation Evaluation, Treatment and Discharge Planning*

*A presentation of a case using this standard and SPOs is required for every Portfolio Application.

Standard - Candidate will demonstrate advanced proficiency in burn rehabilitation evaluation, treatment and discharge planning including multiple relevant domains of rehabilitation practice in combination. A high-level understanding of utilization of data from the examination and re-examinations throughout recovery to outline a problem list, prioritize and implement treatment methods and develop a follow-up care plan must be detailed.

Specialty Practice Objectives (SPO):	SPO Guide: It is recommended that the applicant provide the following information in the responses.	Evaluation Criteria: The reviewer will use the following criteria to evaluate the Portfolio Application.
<p>1) Describe components of a comprehensive burn rehabilitation evaluation and the results obtained from the methods and tools used.</p>	<ul style="list-style-type: none"> • Assessment tools/methods used • Rationale for standardized or non-standardized methods and tools selected • Findings from assessments • Evaluation and consideration of comorbidities • Factors that influence timing of evaluation 	<ul style="list-style-type: none"> • Tool(s) selected should match patient demographics and situational presentation. Adequately justifies tool selection. • Findings are provided; details substantiate that tests were applied correctly. • Description of comorbidities was provided. Provides logical, relevant, and applicable factors appropriate for practice
<p>2) Analyze the results of the burn rehabilitation evaluation.</p>	<ul style="list-style-type: none"> • Implications of assessment findings on treatment plan • Comparison to expected normal or baseline values 	<ul style="list-style-type: none"> • Assessment findings are clearly linked to treatment plan. • Provides objective or qualified commentary on degree of departure from normal when present and significance of these findings.

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<p>3) Design and implement an individualized rehabilitation treatment plan based on evaluation and anticipated outcome.</p>	<ul style="list-style-type: none"> • Treatment plan is based on evaluation findings, analysis, injury characteristics, patient specific characteristics and time post-burn. • Components of treatment and how they were applied • Timing and progression of treatment • Integration of treatments with other rehabilitation interventions 	<ul style="list-style-type: none"> • Treatment plan matches issues revealed in assessment and follows logic of analysis presented. Plan discusses which interventions will be prioritized. • Elements of treatment plan based on evaluation and analysis of evaluation, as well as unique patient presentation and characteristics. Standard and proven techniques should be discussed and related to particular scenario. • Dosage and timing of treatment is supported by evidence or practice standards; other impacting factors specific to case scenario are included or addressed in plan. • Treatment is provided in efficient manner. Care is coordinated if relevant and available.
<p>4) Defend the treatment selection(s) based on evidence, patient input, clinical experience and/or existing resources.</p>	<ul style="list-style-type: none"> • Rationale for treatment plan should be consistent with evaluation findings • Resources that support the treatment selection (e.g. current scientific and literature based evidence, patient feedback, accepted clinical standards, etc.) • Clinical experiences that have contributed to decisions and treatments 	<ul style="list-style-type: none"> • Citation of specific and appropriate research articles, or burn standard of practice with reference. Can also use standardized tests of patient to justify. Must be relevant to scenario and include justification based on objective data or feedback.

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<p>5) Discuss the contraindications and precautions that must be considered with safe and effective implementation of these treatment approaches.</p>	<ul style="list-style-type: none"> • Contraindications and precautions for treatment • Potential harm of contraindicated treatments • Safe patient care concerns 	<ul style="list-style-type: none"> • Contraindications and precautions are relevant to scenario and evidence or reference cited. Large majority or all of contraindications are addressed. • Consequences and risks of contraindicated treatments are
<p>6) Propose treatment program modifications that may be required to enhance adherence, avoid complications, and optimize outcomes.</p>	<ul style="list-style-type: none"> • Alternative treatment approaches that are consistent with evaluation but respond to barriers or need for change/progression of treatment • Consideration of comorbidities and complications Reason(s) why alternate treatment approaches may be necessary • Ongoing assessment and consideration of patient response to treatment 	<ul style="list-style-type: none"> • Justification for alternative treatment approach is consistent with evaluation and overcomes stated barriers. • Rationale provided. • Response to treatment modification is described.
<p>7) Predict the expected outcome of the burn rehabilitation treatment plan.</p>	<ul style="list-style-type: none"> • Predicted outcome based on findings of evaluation and re-evaluation, burn injury characteristics, individual characteristics of the burn survivor, and/or clinical experience of the practitioner 	<ul style="list-style-type: none"> • Accurately described predicted outcome that is consistent with evaluation data and scenario.



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<p>8) Implement a patient/ family education plan that will optimize your treatment approach and goals.</p>	<ul style="list-style-type: none"> • Aligns with assessment results, hypotheses, outcome goals and rehabilitation treatment plan • Consideration of patient/ family goals and capabilities, resources, environmental factors, cultural beliefs, and social/ psychological factors • Methods of education/ instruction • Phase of recovery • Barriers to adherence with plan and follow up • Impact of adherence on outcome 	<ul style="list-style-type: none"> • Education plan is consistent with previously described scenario details. • Scenario specific considerations are described. • Education plan is adequately described. Education plan is appropriate for phase of recovery. • Barriers to adherence are addressed in education plan.
<p>9) Discuss elements of teamwork and communication that facilitated optimal management and outcome.</p>	<ul style="list-style-type: none"> • Multidisciplinary burn team member involvement in and understanding of the patient's plan of care and goals • Methods to facilitate communication and collaboration between team members regarding optimal rehabilitation • Impact of team approach 	<ul style="list-style-type: none"> • Sufficiently describes other members of burn team. • Adequately describes methods used. Thoroughly portrays impact of team approach on case outcome.
<p>10) Describe and defended outcome measures selected for re-evaluation.</p>	<ul style="list-style-type: none"> • Description of standard and objective tests used • Assessments target various levels of problem • Rationale for selected examinations used 	<ul style="list-style-type: none"> • Thoroughly describes tool(s) selected and how they correspond to the initial evaluation. • Sufficiently describes professional reasoning that justifies tool(s) selected.

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11) Devise a comprehensive patient discharge plan; including transition of care and follow-up.

- **Goals/ expectations for discharge from hospital, rehabilitation care and outpatient therapy**
- **Management of transition of care**
- **Plan for follow up**

- Thoroughly describes discharge plan. Adequately justifies need for future care. Sufficiently outlines components required for transition of care and follow up plan when appropriate.

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Practice Domain - Cardiovascular Endurance and Muscle Strength

Standard - Candidate will demonstrate advanced proficiency in the evaluation, administration and adaptation of therapeutic interventions to improve the cardiovascular endurance and muscular strength of the burn patient at the various stages of recovery. Understanding of the cardiovascular and endurance changes associated with burn injury and sequelae, ability to analyze assessment findings and defend treatment decisions must be detailed.

Specialty Practice Objectives (SPO):	SPO Guide: It is recommended that the applicant provide the following information in the responses.	Evaluation Criteria: The reviewer will use the following criteria to evaluate the Portfolio Application.
1) Describe how cardiovascular endurance and muscle strength were evaluated and the results obtained from the methods and tools used.	<ul style="list-style-type: none"> • Assessment tools/methods used • Rationale for standardized or non-standardized methods and tools selected • Findings from assessments • Evaluation and consideration of co-morbidities • Factors that influence timing of evaluation 	<ul style="list-style-type: none"> • Tool selected should match patient demographics and situational presentation. Adequately justifies tool selection. • Findings are provided; details substantiate that tests were applied correctly. • Description of comorbidities was provided. Provides logical, relevant, and applicable factors appropriate for practice setting and
2) Analyze the results of the cardiovascular endurance and muscle strength evaluations.	<ul style="list-style-type: none"> • Implications of assessment findings on treatment plan • Comparison to expected normal or baseline values 	<ul style="list-style-type: none"> • Assessment findings are clearly linked to treatment plan. • Provides objective or qualified commentary on degree of departure from normal when present and significance of

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<p>3) Design and implement an individualized rehabilitation treatment plan for cardiovascular endurance and muscle strength training based on evaluation and anticipated outcome.</p>	<ul style="list-style-type: none"> • Treatment plan is based on evaluation findings, analysis, injury characteristics, patient specific characteristics and time post-burn. • Components of treatment and how they were applied • Timing and progression of treatment • Integration of treatments with other rehabilitation interventions 	<ul style="list-style-type: none"> • Elements of treatment plan based on evaluation and analysis of evaluation, as well as unique patient presentation and characteristics. • Standard and proven techniques should be discussed and related to particular scenario. Dosage and timing of treatment is supported by evidence or practice standards; other impacting factors specific to cardiovascular endurance and muscle strength training are included or addressed in plan.
<p>4) Defend the treatment selection(s) based on evidence, patient input, clinical experience and/or existing resources.</p>	<ul style="list-style-type: none"> • Rationale for treatment plan should be consistent with evaluation findings • Resources that support the treatment selection (e.g. current scientific and literature based evidence, patient feedback, accepted clinical standards, etc.) • Clinical experiences that have contributed to decisions and treatments 	<ul style="list-style-type: none"> • Citation of specific and appropriate research articles, or burn standard of practice with reference. Can also use standardized tests of patient to justify. • Must be relevant to scenario and include justification based on objective data or feedback.
<p>5) Discuss the contraindications and precautions that must be considered with safe and effective implementation of these treatment approaches.</p>	<ul style="list-style-type: none"> • Contraindications and precautions for treatment • Potential harm of contraindicated treatments • Safe patient care concerns 	<ul style="list-style-type: none"> • Contraindications and precautions are relevant to scenario and evidence or reference cited. • Large majority or all of contraindications are addressed. • Consequences and risks of contraindicated treatments are discussed and relate to case.

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<p>6) Propose treatment program modifications that may be required to enhance adherence, avoid complications, and optimize outcomes.</p>	<ul style="list-style-type: none"> • Alternative treatment approaches that are consistent with evaluation but respond to barriers or need for change/progression of treatment • Consideration of comorbidities and complications • Reason(s) why alternate treatment approaches may be necessary • Ongoing assessment and consideration of patient response to treatment 	<ul style="list-style-type: none"> • Justification for alternative treatment approach is consistent with evaluation and overcomes stated barriers. • Rationale provided. • Response to treatment modification is described.
<p>7) Predict the expected outcome of the cardiovascular endurance and muscle strengthening treatment plan.</p>	<ul style="list-style-type: none"> • Predicted outcome based on findings of evaluation and re-evaluation, burn injury characteristics, individual characteristics of the burn survivor, and/or clinical experience of the practitioner 	<ul style="list-style-type: none"> • Accurately described predicted outcome that is consistent with evaluation data and scenario.

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<p>8) Implement a patient/family education plan that will optimize your treatment approach and goals.</p>	<ul style="list-style-type: none"> • Aligns with assessment results, hypotheses, outcome goals and rehabilitation treatment plan • Consideration of patient/ family goals and capabilities, resources, environmental factors, cultural beliefs, and social/ psychological factors • Methods of education/ instruction • Phase of recovery • Barriers to adherence with plan and follow up 	<ul style="list-style-type: none"> • Education plan is consistent with previously described scenario details. • Scenario specific considerations are described. Education plan is adequately described. • Education plan is appropriate for phase of recovery. • Barriers to adherence are addressed in education plan.
<p>9) Discuss elements of teamwork and communication that facilitated optimal cardiovascular endurance and muscle strength outcome.</p>	<ul style="list-style-type: none"> • Multidisciplinary burn team member involvement in and understanding of the patient's plan of care and goals • Methods to facilitate communication and collaboration between team members regarding optimal rehabilitation • Impact of team approach 	<ul style="list-style-type: none"> • Sufficiently describes other members of burn teams. • Adequately describes methods used. Thoroughly portrays impact of team approach on case outcome.
<p>10) Discuss the clinical and functional differences between cardiovascular endurance and muscular strengthening and the relative importance of each to the information you have presented.</p>	<p>Differentiates between strength and endurance and their unique impact on movement and function</p> <ul style="list-style-type: none"> • Relative significance and influence of each on the material presented considering evaluation findings and situational limitations 	<ul style="list-style-type: none"> • Sufficiently describes differences between strength and endurance • Adequately identifies impact of each on movement and dysfunction • Significance of each must be relevant to scenario and include justification based on objective data or feedback.

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Practice Domain - Functional Mobility and Gait

Standard - Candidate will demonstrate advanced proficiency with functional mobility and gait assessment and training and a high-level understanding of how burn injury and sequelae impact implementation and expected outcome at the various stages of recovery. Ability to analyze functional mobility and gait assessment findings and defend treatment decisions must be detailed.

Specialty Practice Objectives (SPO):	SPO Guide: It is recommended that the applicant provide the following information in the responses.	Evaluation Criteria: The reviewer will use the following criteria to evaluate the Portfolio Application.
1) Describe how functional mobility and gait were evaluated and the results obtained from the methods and tools used.	<ul style="list-style-type: none"> • Assessment tools/methods used • Rationale for standardized or non-standardized methods and tools selected • Findings from assessments • Evaluation and consideration of co-morbidities • Factors that influence timing of evaluation 	<ul style="list-style-type: none"> • Tool(s) selected should match patient demographics and situational presentation. Adequately justifies tool selection. • Findings are provided; details substantiate that tests were applied correctly. • Description of comorbidities was provided. Provides logical, relevant, and applicable factors appropriate for practice setting and scenario.
2) Analyze the results of the functional mobility and gait evaluations.	<ul style="list-style-type: none"> • Implications of assessment findings on treatment plan • Comparison to expected normal or baseline values 	<ul style="list-style-type: none"> • Assessment findings are clearly linked to treatment plan. • Provides objective or qualified commentary on degree of departure from normal when present and significance of these findings.

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<p>3) Design and implement an individualized rehabilitation treatment plan for functional mobility and gait training based on evaluation and anticipated outcome.</p>	<ul style="list-style-type: none"> • Treatment plan is based on evaluation findings, analysis, injury characteristics, patient specific characteristics and time post-burn. • Components of treatment and how they were applied • Timing and progression of treatment • Integration of treatments with other rehabilitation interventions 	<ul style="list-style-type: none"> • Treatment plan matches issues revealed in assessment and follows logic of analysis presented. • Plan discusses specific functional mobility and gait training strategies. • Elements of treatment plan based on evaluation and analysis of evaluation, as well as unique patient presentation and characteristics. • Standard and proven techniques should be discussed and related to particular scenario. • Dosage and timing of treatment is supported by evidence or practice standards; other impacting factors specific to wound management are included or addressed in plan. • Treatment is provided in efficient manner. Care is coordinated if relevant and available.
<p>4) Defend the treatment selection(s) based on evidence, patient input, clinical experience and/or existing resources.</p>	<ul style="list-style-type: none"> • Rationale for treatment plan should be consistent with evaluation findings • Resources that support the treatment selection (e.g. current scientific and literature based evidence, patient feedback, accepted clinical standards, etc.) • Clinical experiences that have contributed to decisions and treatments 	<ul style="list-style-type: none"> • Citation of specific and appropriate research articles, or burn standard of practice with reference. Can also use standardized tests of patient to justify. • Must be relevant to scenario and include justification based on objective data or feedback.

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<p>5) Discuss the contraindications and precautions that must be considered with safe and effective implementation of these treatment approaches.</p>	<ul style="list-style-type: none"> • Contraindications and precautions for treatment • Potential harm of contraindicated treatments • Safe patient care concerns 	<ul style="list-style-type: none"> • Contraindications and precautions are relevant to scenario and evidence or reference cited. • Large majority or all of contraindications are addressed. • Consequences and risks of contraindicated treatments are discussed and relate to
<p>6) Propose treatment program modifications that may be required to enhance adherence, avoid complications, and optimize outcomes.</p>	<ul style="list-style-type: none"> • Alternative treatment approaches that are consistent with evaluation but respond to barriers or need for change/progression of treatment Consideration of comorbidities and complications • Reason(s) why alternate treatment approaches may be necessary • Ongoing assessment and consideration of patient response to treatment 	<ul style="list-style-type: none"> • Justification for alternative treatment approach is consistent with evaluation and overcomes stated barriers. • Rationale provided. • Response to treatment modification is described.
<p>7) Predict the expected outcome of the functional mobility and gait training treatment plan.</p>	<ul style="list-style-type: none"> • Predicted outcome based on findings of evaluation and re-evaluation, burn injury characteristics, individual characteristics of the burn survivor, and/or clinical experience of the practitioner 	<ul style="list-style-type: none"> • Accurately described predicted outcome that is consistent with evaluation data and scenario.

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<p>8) Implement a patient/ family education plan that will optimize your treatment approach and goals.</p>	<ul style="list-style-type: none"> • Aligns with assessment results, hypotheses, outcome goals and rehabilitation treatment plan • Consideration of patient/ family goals and capabilities, resources, environmental factors, cultural beliefs, and social/ psychological factors • Methods of education/ instruction • Phase of recovery • Barriers to adherence with plan and follow up 	<ul style="list-style-type: none"> • Education plan is consistent with previously described scenario details. • Scenario specific considerations are described. • Education plan is adequately described. Education plan is appropriate for phase of recovery. • Barriers to adherence are addressed in education plan.
<p>9) Discuss elements of teamwork and communication that facilitated optimal outcome.</p>	<ul style="list-style-type: none"> • Multidisciplinary burn team member involvement in and understanding of the patient's plan of care and goals • Methods to facilitate communication and collaboration between team members regarding optimal rehabilitation • Impact of team approach 	<ul style="list-style-type: none"> • Sufficiently describes other members of burn team. • Adequately describes methods used. Thoroughly portrays impact of team approach on case outcome.

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<p>10) Defend selection and use of equipment to facilitate treatment plan and progression of functional mobility and gait.</p>	<ul style="list-style-type: none"> • Describe equipment selection(s) • Rationale for equipment selection(s) • Equipment selection appropriate for progression toward maximal independence • Plan and justification for discontinuation of equipment • Consideration of patient response, capabilities and age • Preparation of equipment and environment 	<ul style="list-style-type: none"> • Adequately describes equipment selected and progression. • Rationale for equipment selection, progression and eventual discontinuation is clearly presented. • Appropriately integrates assessment findings, patient-centered concerns, and environmental considerations.
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Practice Domain - Orthotic Management

Standard - Candidate will demonstrate advanced proficiency with evaluation and application of orthotic devices for the burn survivor including selection, design, construction and modification. A high-level understanding of anatomy, function and biomechanics of the body area(s) requiring an orthotic device must be detailed.

Specialty Practice Objectives (SPO):	SPO Guide: It is recommended that the applicant provide the following information in the responses.	Evaluation Criteria: The reviewer will use the following criteria to evaluate the Portfolio Application.
<p>1) Describe how orthotic needs were evaluated and the results obtained from the methods and tools used.</p>	<ul style="list-style-type: none"> • Assessment tools/methods used • Rationale for standardized or non-standardized methods and tools selected • Findings from assessments • Evaluation and consideration of co-morbidities • Factors that influence timing of evaluation 	<ul style="list-style-type: none"> • Tool(s) selected should match patient demographics and situational presentation. Adequately justifies tool selection. • Findings are provided; details substantiate that tests were applied correctly. • Description of comorbidities was provided. Provides logical, relevant, and applicable factors appropriate for practice setting and scenario.
<p>2) Analyze the results of the evaluations to determine orthotic needs.</p>	<ul style="list-style-type: none"> • Implications of assessment findings on treatment plan • Comparison to expected normal or baseline values 	<ul style="list-style-type: none"> • Assessment findings are clearly linked to treatment plan. • Provides objective or qualified commentary on degree of departure from normal when present and significance of these findings.

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<p>3) Design and implement an individualized rehabilitation treatment plan for orthotic device use based on evaluation and anticipated outcome.</p>	<ul style="list-style-type: none"> • Treatment plan is based on evaluation findings, analysis, injury characteristics, patient specific characteristics and time post-burn. • Components of treatment and how they were applied • Timing and progression of treatment • Integration of treatments with other rehabilitation interventions 	<ul style="list-style-type: none"> • Treatment plan matches issues revealed in assessment and follows logic of analysis presented. • Plan discusses specific orthotic intervention strategies. • Elements of treatment plan based on evaluation and analysis of evaluation, as well as unique patient presentation and characteristics. • Standard and proven techniques should be discussed and related to particular scenario. Dosage and timing of treatment is supported by evidence or practice standards; other impacting factors specific to orthotic prescription are included or addressed in plan. • Treatment is provided in efficient manner. Care is coordinated if relevant and available.
<p>4) Defend the treatment selection(s) based on evidence, patient input, clinical experience and/or existing resources.</p>	<ul style="list-style-type: none"> • Rationale for treatment plan should be consistent with evaluation findings • Resources that support the treatment selection (e.g. current scientific and literature based evidence, patient feedback, accepted clinical standards, etc.) • Clinical experiences that have contributed to decisions and treatments 	<ul style="list-style-type: none"> • Citation of specific and appropriate research articles, or burn standard of practice with reference. Can also use standardized tests of patient to justify. • Must be relevant to scenario and include justification based on objective data or feedback.

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<p>5) Discuss the contraindications and precautions that must be considered with safe and effective implementation of these treatment approaches and potential negative sequelae resulting from improper application.</p>	<ul style="list-style-type: none"> • Contraindications and precautions for treatment • Potential harm of contraindicated treatments • Safe patient care concerns • Complications from improper design, donning or use of orthotic device • Impact on multiple body systems 	<ul style="list-style-type: none"> • Contraindications and precautions are relevant to scenario and evidence or reference cited. • Large majority or all of contraindications are addressed. • Consequences and risks of contraindicated treatments are discussed and relate to case. Sufficiently describes potential local and systemic complications.
<p>6) Propose treatment program modifications that may be required to enhance adherence, avoid complications, and optimize outcomes.</p>	<ul style="list-style-type: none"> • Alternative treatment approaches that are consistent with evaluation but respond to barriers or need for change/progression of treatment • Consideration of comorbidities and complications • Reason(s) why alternate treatment approaches may be necessary • Ongoing assessment and consideration of patient response to treatment 	<ul style="list-style-type: none"> • Justification for alternative treatment approach is consistent with evaluation and overcomes stated barriers. • Rationale provided. • Response to treatment modification is described.
<p>7) Predict the expected outcome of the orthotic device treatment plan.</p>	<ul style="list-style-type: none"> • Predicted outcome based on findings of evaluation and re-evaluation, burn injury characteristics, individual characteristics of the burn survivor, and/or clinical experience of the practitioner 	<ul style="list-style-type: none"> • Accurately described predicted outcome that is consistent with evaluation data and scenario.

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<p>8) Implement a patient/ family education plan that will optimize your treatment approach and goals.</p>	<ul style="list-style-type: none"> • Aligns with assessment results, hypotheses, outcome goals and rehabilitation treatment plan • Consideration of patient/ family goals and capabilities, resources, environmental factors, cultural beliefs, and social/ psychological factors • Methods of education/ instruction • Phase of recovery • Barriers to adherence with plan and follow up 	<ul style="list-style-type: none"> • Education plan is consistent with previously described scenario details. • Scenario specific considerations are described. Education plan is adequately described. • Education plan is appropriate for phase of recovery. • Barriers to adherence are addressed in education plan.
<p>9) Discuss elements of teamwork and communication that facilitated optimal management and outcome.</p>	<ul style="list-style-type: none"> • Multidisciplinary burn team member involvement in and understanding of the patient's plan of care and goals • Methods to facilitate communication and collaboration between team members regarding optimal rehabilitation • Impact of team approach 	<ul style="list-style-type: none"> • Sufficiently describes other members of burn teams. • Adequately describes methods used. Thoroughly portrays impact of team approach on case outcome.
<p>10) Defend selection of materials and technique</p>	<ul style="list-style-type: none"> • Type of material used relates to the orthotic's intended objective on patient outcome • Technique and materials are appropriate for the scenario described 	<ul style="list-style-type: none"> • Adequately justifies the materials and techniques used. • Integrates the patient considerations, objectives of the prescribed orthosis, and the attributes of the material selected into the rationale provided.

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Practice Domain - Pain and Anxiety Management

Standard - Candidate will demonstrate advanced proficiency with evaluation and treatment of pain, anxiety and related behaviors and symptoms during rehabilitation of the burn survivor. A high-level understanding of pain/ anxiety must be detailed and the ability to maximize therapy intervention while managing pain/anxiety must be demonstrated.

Specialty Practice Objectives (SPO):	SPO Guide: It is recommended that the applicant provide the following information in the responses.	Evaluation Criteria: The reviewer will use the following criteria to evaluate the Portfolio Application.
1) Describe how pain and anxiety were evaluated and the results obtained from the methods and tools used.	<ul style="list-style-type: none"> • Assessment tools/methods used • Rationale for standardized or non-standardized methods and tools selected • Findings from assessments • Evaluation and consideration of co-morbidities • Factors that influence timing of evaluation • Pain v. anxiety behaviors • Impact of pain v. anxiety on therapy interventions, goals and outcome 	<ul style="list-style-type: none"> • Tool selected should match patient demographics and situational presentation. Adequately justifies tool selection. • Findings are provided; details substantiate that tests were applied correctly. • Description of comorbidities was provided. Provides logical, relevant, and applicable factors appropriate for practice setting and scenario. • Adequately describes observed behaviors and attempts to discriminate basis for these behaviors. • Provides interpretation of the impact that these behaviors are having on treatment interventions and outcomes.
2) Analyze the results of the pain and anxiety evaluation.	<ul style="list-style-type: none"> • Implications of assessment findings on treatment plan • Comparison to expected normal or baseline values 	<ul style="list-style-type: none"> • Assessment findings are clearly linked to treatment plan. • Provides objective or qualified commentary on degree of departure from normal when present and significance of these findings.

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<p>3) Design and implement an individualized rehabilitation treatment plan demonstrating strategies to reduce pain and anxiety symptoms and behaviors based on evaluation and anticipated outcome.</p>	<ul style="list-style-type: none"> • Treatment plan is based on evaluation findings, analysis, injury characteristics, patient specific characteristics and time post-burn. • Components of treatment and how they were applied • Timing and progression of treatment • Integration of treatments with other rehabilitation interventions 	<ul style="list-style-type: none"> • Treatment plan matches issues revealed in assessment and follows logic of analysis presented. • Plan discusses specific pain and anxiety management strategies. • Elements of treatment plan based on evaluation and analysis of evaluation, as well as unique patient presentation and characteristics. Standard and proven techniques should be discussed and related to particular scenario. • Dosage and timing of treatment is supported by evidence or practice standards; other impacting factors specific to pain and anxiety are included or addressed in plan. • Treatment is provided in efficient manner, minimizing patient to potentially traumatizing experiences and mitigating same. Care is coordinated if relevant and available.
<p>4) Defend the treatment selection(s) based on evidence, patient input, clinical experience and/or existing resources.</p>	<ul style="list-style-type: none"> • Rationale for treatment plan should be consistent with evaluation findings • Resources that support the treatment selection (e.g. current scientific and literature based evidence, patient feedback, accepted clinical standards, etc.) • Clinical experiences that have contributed to decisions and treatments 	<ul style="list-style-type: none"> • Citation of specific and appropriate research articles, or burn standard of practice with reference. Can also use standardized tests of patient to justify. • Must be relevant to scenario and include justification based on objective data or feedback.

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<p>5) Discuss the contraindications and precautions that must be considered with safe and effective implementation of these treatment approaches.</p>	<ul style="list-style-type: none"> • Contraindications and precautions for treatment • Potential harm of contraindicated treatments • Safe patient care concerns 	<ul style="list-style-type: none"> • Contraindications and precautions are relevant to scenario and evidence or reference cited. Large majority or all of contraindications are addressed. • Consequences and risks of contraindicated treatments are discussed and relate to case.
<p>6) Propose treatment program modifications that may be required to enhance adherence, avoid complications, and optimize outcomes.</p>	<ul style="list-style-type: none"> • Alternative treatment approaches that are consistent with evaluation but respond to barriers or need for change/progression of treatment • Consideration of comorbidities and complications • Reason(s) why alternate treatment approaches may be necessary • Ongoing assessment and consideration of patient response to treatment 	<ul style="list-style-type: none"> • Justification for alternative treatment approach is consistent with evaluation and overcomes stated barriers. • Rationale provided. • Response to treatment modification is described.
<p>7) Predict the expected outcome of the pain and anxiety interventions.</p>	<ul style="list-style-type: none"> • Predicted outcome based on findings of evaluation and re-evaluation, burn injury characteristics, individual characteristics of the burn survivor, and/or clinical experience of the practitioner 	<ul style="list-style-type: none"> • Accurately described predicted outcome that is consistent with evaluation data and scenario.

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<p>8) Implement a patient/ family education plan that will optimize your treatment approach and goals.</p>	<ul style="list-style-type: none"> • Aligns with assessment results, hypotheses, outcome goals and rehabilitation treatment plan • Consideration of patient/ family goals and capabilities, resources, environmental factors, cultural beliefs, and social/ psychological factors • Methods of education/ instruction • Phase of recovery • Barriers to adherence with plan and follow up 	<ul style="list-style-type: none"> • Education plan is consistent with previously described scenario details. • Scenario specific considerations are described. • Education plan is adequately described. Education plan is appropriate for phase of recovery. • Barriers to adherence are addressed in education plan.
<p>9) Discuss elements of teamwork and communication that facilitated optimal pain/anxiety management and outcome.</p>	<ul style="list-style-type: none"> • Multidisciplinary burn team member involvement in and understanding of the patient's plan of care and goals • Methods to facilitate communication and collaboration between team members regarding optimal rehabilitation • Impact of team approach 	<ul style="list-style-type: none"> • Sufficiently describes other members of burn team. • Adequately describes methods used. • Thoroughly portrays impact of team approach on case outcome.
<p>10) Describe how positive and negative coping behaviors impacted the treatment program and how they were managed.</p>	<ul style="list-style-type: none"> • Description of positive and negative coping behaviors and management during therapy • Impact of coping on therapy program and goals 	<ul style="list-style-type: none"> • Adequately describes coping behaviors/strategies. • Provides analysis of impact of these coping strategies. • Describes approach taken to optimize coping strategies.



BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

Practice Domain - Positioning

Standard - Candidate will demonstrate advanced proficiency with evaluating positioning needs and implementing a positioning plan for the burn survivor. Ability to analyze positioning needs and defend treatment decisions throughout the phases of burn recovery must be detailed.

Specialty Practice Objectives (SPO):	SPO Guide: It is recommended that the applicant provide the following information in the responses.	Evaluation Criteria: The reviewer will use the following criteria to evaluate the Portfolio Application.
1) Describe how positioning needs were evaluated and the results obtained from the methods and tools used.	<ul style="list-style-type: none"> • Assessment tools/methods used • Rationale for standardized or non-standardized methods and tools selected • Findings from assessments • Evaluation and consideration of comorbidities • Factors that influence timing of evaluation 	<ul style="list-style-type: none"> • Tool(s) selected should match patient demographics and situational presentation. Adequately justifies tool selection. • Findings are provided; details substantiate that tests were applied correctly. • Description of comorbidities was provided. Provides logical, relevant, and applicable factors appropriate for practice setting and scenario.
2) Analyze the results of the evaluation for positioning needs.	<ul style="list-style-type: none"> • Implications of assessment findings on treatment plan • Comparison to expected normal or baseline values 	<ul style="list-style-type: none"> • Assessment findings are clearly linked to treatment plan. • Provides objective or qualified commentary on degree of departure from normal when present and significance of these findings.

BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

<p>3) Design and implement an individualized rehabilitation treatment plan for positioning based on evaluation and anticipated outcome.</p>	<ul style="list-style-type: none"> • Treatment plan is based on evaluation findings, analysis, injury characteristics, patient specific characteristics and time post-burn. • Components of treatment and how they were applied • Timing and progression of treatment • Integration of treatments with other rehabilitation interventions 	<ul style="list-style-type: none"> • Treatment plan matches issues revealed in assessment and follows logic of analysis presented. • Plan discusses specific positioning strategies. Elements of treatment plan based on evaluation and analysis of evaluation, as well as unique patient presentation and characteristics. • Standard and proven techniques should be discussed and related to particular scenario. • Dosage and timing of treatment is supported by evidence or practice standards; other impacting factors specific to positioning are included or addressed in plan. • Treatment is provided in efficient manner. Care is coordinated if relevant and available.
<p>4) Defend the treatment selection(s) based on evidence, patient input, clinical experience and/or existing resources.</p>	<ul style="list-style-type: none"> • Rationale for treatment plan should be consistent with evaluation findings • Resources that support the treatment selection (e.g. current scientific and literature based evidence, patient feedback, accepted clinical standards, etc.) • Clinical experiences that have contributed to decisions and treatments 	<ul style="list-style-type: none"> • Citation of specific and appropriate research articles, or burn standard of practice with reference. Can also use standardized tests of patient to justify. • Must be relevant to scenario and include justification based on objective data or feedback.

BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

<p>5) Discuss the contraindications and precautions that must be considered with safe and effective implementation of these treatment approaches and potential negative sequelae resulting from improper positioning.</p>	<ul style="list-style-type: none"> • Contraindications and precautions for treatment • Potential harm of contraindicated treatments • Safe patient care concerns • Complications from improper positioning • Impact on multiple body systems 	<ul style="list-style-type: none"> • Contraindications and precautions are relevant to scenario and evidence or reference cited. Large majority or all of contraindications are addressed. • Consequences and risks of contraindicated treatments are discussed and relate to case. Sufficiently describes potential local and systemic complications.
<p>6) Propose treatment program modifications that may be required to enhance adherence, avoid complications, and optimize outcomes.</p>	<ul style="list-style-type: none"> • Alternative treatment approaches that are consistent with evaluation but respond to barriers or need for change/progression of treatment • Consideration of comorbidities and complications • Reason(s) why alternate treatment approaches may be necessary • Ongoing assessment and consideration of patient response to treatment 	<ul style="list-style-type: none"> • Justification for alternative treatment approach is consistent with evaluation and overcomes stated barriers. • Rationale provided. • Response to treatment modification is described.
<p>7) Predict the expected outcome of the positioning treatment plan.</p>	<ul style="list-style-type: none"> • Predicted outcome based on findings of evaluation and re-evaluation, burn injury characteristics, individual characteristics of the burn survivor, and/or clinical experience of the practitioner 	<ul style="list-style-type: none"> • Accurately described predicted outcome that is consistent with evaluation data and scenario.



BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

<p>8) Implement a patient/ family education plan that will optimize your treatment plans.</p>	<ul style="list-style-type: none"> • Aligns with assessment results, hypotheses, outcome goals and rehabilitation treatment plan • Consideration of patient/ family goals and capabilities, resources, environmental factors, cultural beliefs, and social/ psychological factors • Methods of education/ instruction • Phase of recovery • Barriers to adherence with plan and follow up 	<ul style="list-style-type: none"> • Education plan is consistent with previously described scenario details. • Scenario specific considerations are described. • Education plan is adequately described. Education plan is appropriate for phase of recovery. • Barriers to adherence are addressed in education plan.
<p>9) Discuss elements of teamwork and communication that facilitated optimal positioning and outcome.</p>	<ul style="list-style-type: none"> • Multidisciplinary burn team member involvement in and understanding of the patient’s plan of care and goals • Methods to facilitate communication and collaboration between team members regarding optimal rehabilitation • Impact of team approach 	<ul style="list-style-type: none"> • Sufficiently describes other members of burn team. • Adequately describes methods used. Thoroughly portrays impact of team approach on case outcome.
<p>10) Apply positioning methods/ devices in an appropriate and safe manner.</p>	<ul style="list-style-type: none"> • Description and rationale for devices or methods used or not used • Changes with patient location and activity level • Rationale for active v. passive positioning • Monitors and responds to safety concerns • Customization based on individual patient or resources 	<ul style="list-style-type: none"> • Adequately describes devices and methods selected and progression. • Rationale for device selection, progression and eventual discontinuation • Appropriately integrates assessment findings, patient considerations, and environmental considerations.

BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

Practice Domain - Range of Motion

Standard - Candidate will demonstrate advanced proficiency with range of motion evaluation and application of exercises with the burn survivor. A high-level understanding of how burn injury and sequelae influence range of motion and the impact on function and outcome at the various stages of recovery must be detailed.

Specialty Practice Objectives (SPO):	SPO Guide: It is recommended that the applicant provide the following information in the responses.	Evaluation Criteria: The reviewer will use the following criteria to evaluate the Portfolio Application.
<p>1) Describe how range of motion was evaluated and the results obtained from the methods and tools used.</p>	<ul style="list-style-type: none"> • Assessment tools/methods used • Rationale for standardized or non-standardized methods and tools selected • Findings from assessments • Evaluation and consideration of comorbidities • Factors that influence timing of evaluation 	<ul style="list-style-type: none"> • Tool(s) selected should match patient demographics and situational presentation. Adequately justifies tool selection. • Findings are provided; details substantiate that tests were applied correctly. • Description of comorbidities was provided. Provides logical, relevant, and applicable factors appropriate for practice setting and scenario.
<p>2) Analyze the results of the range of motion evaluation.</p>	<ul style="list-style-type: none"> • Implications of assessment findings on treatment plan • Comparison to expected normal or baseline values • Response of various tissues to range of motion 	<ul style="list-style-type: none"> • Assessment findings are clearly linked to treatment plan. • Provides objective or qualified commentary on degree of departure from normal when present and significance of these findings. Adequately describes how different tissue structures potentially affect range of motion limitations.

BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

<p>3) Design and implement an individualized rehabilitation treatment plan for range of motion exercises based on evaluation and anticipated outcome.</p>	<ul style="list-style-type: none"> • Treatment plan is based on evaluation findings, analysis, injury characteristics, patient specific characteristics and time post-burn. • Components of treatment and how they were applied • Timing and progression of treatment • Integration of treatments with other rehabilitation interventions 	<ul style="list-style-type: none"> • Treatment plan matches issues revealed in assessment and follows logic of analysis presented. • Plan discusses specific strategies to maintain or increase range of motion. Elements of treatment plan based on evaluation and analysis of evaluation, as well as unique patient presentation and characteristics. • Standard and proven techniques should be discussed and related to particular scenario. Dosage, timing of treatment, and technique are supported by evidence or practice standards; other impacting factors specific to maintaining or increasing range of motion are included or addressed in plan. • ROM is effectively tailored to all potentially impacted tissue types. • Treatment is provided in efficient, safe, and effective manner. • Care is coordinated if relevant and available.
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BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

<p>4) Defend the treatment selection(s) based on evidence, patient input, clinical experience and/or existing resources.</p>	<ul style="list-style-type: none"> • Rationale for treatment plan should be consistent with evaluation findings • Resources that support the treatment selection (e.g. current scientific and literature based evidence, patient feedback, accepted clinical standards, etc.) • Clinical experiences that have contributed to decisions and treatments 	<ul style="list-style-type: none"> • Citation of specific and appropriate research articles, or burn standard of practice with reference. Can also use standardized tests of patient to justify. • Must be relevant to scenario and include justification based on objective data or feedback.
<p>5) Discuss the contraindications and precautions that must be considered with safe and effective implementation of these treatment approaches.</p>	<ul style="list-style-type: none"> • Contraindications and precautions for treatment • Potential harm of contraindicated treatments • Safe patient care concerns 	<ul style="list-style-type: none"> • Contraindications and precautions are relevant to scenario and evidence or reference cited. Large majority or all of contraindications are addressed. • Consequences and risks of contraindicated treatments are discussed and relate to case.
<p>6) Propose treatment program modifications that may be required to enhance adherence, avoid complications, and optimize outcomes.</p>	<ul style="list-style-type: none"> • Alternative treatment approaches that are consistent with evaluation but respond to barriers or need for change/progression of treatment • Consideration of comorbidities and complications • Reason(s) why alternate treatment approaches may be necessary • Ongoing assessment and consideration of patient response to treatment 	<ul style="list-style-type: none"> • Justification for alternative treatment approach is consistent with evaluation and overcomes stated barriers. • Rationale provided. • Response to treatment modification is described.

BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

<p>7) Predict the expected outcome of the range of motion treatment plan.</p>	<ul style="list-style-type: none"> • Predicted outcome based on findings of evaluation and re-evaluation, burn injury characteristics, individual characteristics of the burn survivor, and/or clinical experience of the practitioner 	<ul style="list-style-type: none"> • Accurately described predicted outcome that is consistent with evaluation data and scenario.
<p>8) Implement a patient/ family education plan that will optimize your treatment approach and goals.</p>	<ul style="list-style-type: none"> • Aligns with assessment results, hypotheses, outcome goals and rehabilitation treatment plan • Consideration of patient/ family goals and capabilities, resources, environmental factors, cultural beliefs, and social/ psychological factors • Methods of education/ instruction • Phase of recovery • Barriers to adherence with plan and follow up 	<ul style="list-style-type: none"> • Education plan is consistent with previously described scenario details. • Scenario specific considerations are described. • Education plan is adequately described. Education plan is appropriate for phase of recovery. • Barriers to adherence are addressed in education plan.
<p>9) Discuss elements of teamwork and communication that facilitated optimal scar management and outcome.</p>	<ul style="list-style-type: none"> • Multidisciplinary burn team member involvement in and understanding of the patient's plan of care and goals • Methods to facilitate communication and collaboration between team members regarding optimal rehabilitation • Impact of team approach 	<ul style="list-style-type: none"> • Sufficiently describes other members of burn team. • Adequately describes methods used. Thoroughly portrays impact of team approach on case outcome.



BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

10) Discuss biomechanical principle(s) associated with range of motion exercise.	<ul style="list-style-type: none">• Preconditioning tissue• Joint and body alignment• Understanding of how skin moves with ROM	<ul style="list-style-type: none">• Sufficiently describes the biomechanical principles that apply to the case scenario presented.
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BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

Practice Domain – Rehabilitation during Critical Care

Standard - Candidate will demonstrate advanced proficiency with evaluation and treatment of rehabilitation needs of the burn survivor during the critical care phase of recovery after burn injury. A high-level ability to understand and respond to surgical and medical issues encountered while providing rehabilitation with the critically ill patient during therapy must be detailed.

Specialty Practice Objectives (SPO):	SPO Guide: It is recommended that the applicant provide the following information in the responses.	Evaluation Criteria: The reviewer will use the following criteria to evaluate the Portfolio Application.
1) Describe how rehabilitation needs during critical care were evaluated and the results obtained from the methods and tools used.	<ul style="list-style-type: none"> • Assessment tools/methods used • Rationale for standardized or non-standardized methods and tools selected • Findings from assessments • Evaluation and consideration of comorbidities • Factors that influence timing of evaluation 	<ul style="list-style-type: none"> • Tool(s) selected should match patient demographics and the critical care scenario Adequately justifies tool selection. • Findings are provided; details substantiate that tests were applied correctly. • Description of comorbidities was provided. Provides logical, relevant, and applicable factors appropriate for critical care setting and patient scenario.
2) Analyze the results of the evaluation during the critical care stage of recovery.	<ul style="list-style-type: none"> • Implications of assessment findings on treatment plan • Comparison to expected normal or baseline values 	<ul style="list-style-type: none"> • Assessment findings are clearly linked to treatment plan. • Provides objective or qualified commentary on degree of departure from normal when present and significance of these findings.

BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

<p>3) Design and implement an individualized rehabilitation treatment plan during the critical care stage of recovery based on evaluation and anticipated outcome.</p>	<ul style="list-style-type: none"> • Treatment plan is based on evaluation findings, analysis, injury characteristics, patient specific characteristics and time post-burn. • Components of treatment and how they were applied • Timing, dosage and progression of treatment • Integration of treatments with other rehabilitation interventions 	<ul style="list-style-type: none"> • Treatment plan matches issues revealed in assessment and follows logic of analysis presented. • Plan discusses strategies specific to critical care setting. • Elements of treatment plan based on evaluation and analysis of evaluation, as well as unique patient presentation and characteristics. • Standard and proven techniques should be discussed and related to critical care setting. Dosage and timing of treatment is supported by evidence or practice standards; other impacting factors specific to the critical care setting are included or addressed in plan.
<p>4) Defend the treatment selection(s) based on evidence, patient input, clinical experience and/or existing resources.</p>	<ul style="list-style-type: none"> • Rationale for treatment plan should be consistent with evaluation findings • Resources that support the treatment selection (e.g. current scientific and literature based evidence, patient feedback, accepted clinical standards, etc.) • Clinical experiences that have contributed to decisions and treatments 	<ul style="list-style-type: none"> • Citation of specific and appropriate research articles, or burn standard of practice with reference. Can also use standardized tests of patient to justify. • Must be relevant to patient scenario and critical care situation while including justification based on objective data or feedback.



BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

<p>5) Discuss the contraindications and precautions that must be considered with safe and effective implementation of these treatment approaches.</p>	<ul style="list-style-type: none"> • Contraindications and precautions for treatment • Potential harm of contraindicated treatments • Safe patient care concerns 	<ul style="list-style-type: none"> • Contraindications and precautions are relevant to critical care setting and evidence or reference cited. Large majority or all of contraindications are addressed. • Consequences and risks of contraindicated treatments are discussed and relate to case.
<p>6) Propose treatment program modifications that may be required to enhance adherence, avoid complications, and optimize outcomes.</p>	<ul style="list-style-type: none"> • Alternative treatment approaches that are consistent with evaluation but respond to barriers or need for change/progression of treatment • Consideration of comorbidities and complications • Reason(s) why alternate treatment approaches may be necessary • Ongoing assessment and consideration of patient response to treatment 	<ul style="list-style-type: none"> • Justification for alternative treatment approach is consistent with evaluation and overcomes stated barriers. • Rationale provided. • Response to treatment modification is described.
<p>7) Predict the expected outcome of the rehabilitation treatment plan during the critical care stage of recovery.</p>	<ul style="list-style-type: none"> • Predicted outcome based on findings of evaluation and re-evaluation, burn injury characteristics, individual characteristics of the burn survivor, and/or clinical experience of the practitioner 	<ul style="list-style-type: none"> • Accurately described predicted outcome that is consistent with evaluation data and critical care setting.



BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

<p>8) Implement a patient/ family education plan that will optimize your treatment approach and goals.</p>	<ul style="list-style-type: none"> • Aligns with assessment results, hypotheses, outcome goals and rehabilitation treatment plan • Consideration of patient/ family goals and capabilities, resources, environmental factors, cultural beliefs, and social/ psychological factors • Methods of education/ instruction • Phase of recovery • Barriers to adherence with plan and follow up 	<ul style="list-style-type: none"> • Education plan is consistent with previously described scenario details. • Critical care specific considerations are described. • Education plan is adequately described. Education plan is appropriate for critical care scenario. • Barriers to adherence are addressed in education plan.
<p>9) Discuss elements of teamwork and communication that facilitated optimal outcome.</p>	<ul style="list-style-type: none"> • Multidisciplinary burn team member involvement in and understanding of the patient’s plan of care and goals • Methods to facilitate communication and collaboration between team members regarding optimal rehabilitation • Impact of team approach 	<ul style="list-style-type: none"> • Sufficiently describes other members of burn team. • Adequately describes methods used. Thoroughly portrays impact of team approach on case outcome.
<p>10) Incorporate critical care support devices appropriately into plan of care.</p>	<ul style="list-style-type: none"> • Delivers care around devices or incorporating devices as indicated • Utilized information and output from critical care to monitor and adjust treatment if indicated • Able to maximize effective therapy prescription safely within limitations and challenges imposed by critical care monitoring and commonly encountered equipment. 	<p>Thoroughly describes equipment and devices that are associated with scenario. Incorporates information from devices into treatment, and modifies appropriately if indicated.</p> <p>Sufficiently describes approaches taken to ensure patient safety while maximizing treatment efficiency (and efficacy) in critical care setting.</p>

BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

Practice Domain - Scar Management

Standard - Candidate will demonstrate advanced proficiency in the evaluation and treatment of burn scars. A high-level understanding of burn scars, ability to analyze burn scar assessment findings and defend scar management treatment decisions must be detailed.

Specialty Practice Objectives (SPO):	SPO Guide: It is recommended that the applicant provide the following information in the responses.	Evaluation Criteria: The reviewer will use the following criteria to evaluate the Portfolio Application.
1) Describe how burn scars were evaluated and the results obtained from the methods and tools used.	<ul style="list-style-type: none"> • Assessment tools/methods used • Rationale for standardized or non-standardized methods and tools selected • Findings from assessments • Evaluation and consideration of co-morbidities • Factors that influence timing of evaluation 	<ul style="list-style-type: none"> • Tool selected should match patient demographics and situational presentation. Adequately justifies tool selection. • Findings are provided; details substantiate that tests were applied correctly. • Description of comorbidities was provided. Provides logical, relevant, and applicable factors appropriate for practice setting and scenario.
2) Analyze the results of the burn scar evaluation.	<ul style="list-style-type: none"> • Implications of assessment findings on treatment plan • Comparison to expected normal or baseline values 	<ul style="list-style-type: none"> • Assessment findings are clearly linked to treatment plan. • Provides objective or qualified commentary on degree of departure from normal when present and significance of these findings.

BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

<p>3) Design and implement an individualized rehabilitation treatment plan for burn scar management based on evaluation and anticipated outcome.</p>	<ul style="list-style-type: none"> • Treatment plan is based on evaluation findings, analysis, injury characteristics, patient specific characteristics and time post-burn. • Components of treatment and how they were applied • Timing and progression of treatment • Integration of treatments with other rehabilitation interventions 	<ul style="list-style-type: none"> • Treatment plan matches issues revealed in assessment and follows logic of analysis presented. • Plan discusses specific scar management strategies. • Elements of treatment plan based on evaluation and analysis of evaluation, as well as unique patient presentation and characteristics. • Standard and proven techniques should be discussed and related to particular scenario. Dosage and timing of treatment is supported by evidence or practice standards; other impacting factors specific to scar management are included or addressed in plan. • Treatment is provided in efficient manner. Care is coordinated if relevant and available.
<p>4) Defend the treatment selection(s) based on evidence, patient input, clinical experience and/or existing resources.</p>	<ul style="list-style-type: none"> • Rationale for treatment plan should be consistent with evaluation findings • Resources that support the treatment selection (e.g. current scientific and literature based evidence, patient feedback, accepted clinical standards, etc.) • Clinical experiences that have contributed to decisions and treatments 	<ul style="list-style-type: none"> • Citation of specific and appropriate research articles, or burn standard of practice with reference. Can also use standardized tests of patient to justify. • Must be relevant to scenario and include justification based on objective data or feedback.

BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

<p>5) Discuss the contraindications and precautions that must be considered with safe and effective implementation of these treatment approaches.</p>	<ul style="list-style-type: none"> • Contraindications and precautions for treatment • Potential harm of contraindicated treatments • Safe patient care concerns 	<ul style="list-style-type: none"> • Contraindications and precautions are relevant to scenario and evidence or reference cited. Large majority or all of contraindications are addressed. • Consequences and risks of contraindicated treatments are discussed and relate to case.
<p>6) Propose treatment program modifications that may be required to enhance adherence, avoid complications, and optimize outcomes.</p>	<ul style="list-style-type: none"> • Alternative treatment approaches that are consistent with evaluation but respond to barriers or need for change/progression of treatment • Consideration of comorbidities and complications • Reason(s) why alternate treatment approaches may be necessary • Ongoing assessment and consideration of patient response to treatment 	<ul style="list-style-type: none"> • Justification for alternative treatment approach is consistent with evaluation and overcomes stated barriers. • Rationale provided. • Response to treatment modification is described.
<p>7) Predict the expected outcome of the burn scar management plan, and defend decision for termination of prescribed treatment.</p>	<ul style="list-style-type: none"> • Predicted outcome based on findings of evaluation and re-evaluation, burn injury characteristics, individual characteristics of the burn survivor, and/or clinical experience of the practitioner • Justification for termination of prescribed treatment 	<ul style="list-style-type: none"> • Accurately described predicted outcome that is consistent with evaluation data and scenario. • Sufficiently describes and justifies rationale for terminating scar management.

BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

<p>8) Implement a patient/family education plan that will optimize your treatment approach and goals.</p>	<ul style="list-style-type: none"> • Aligns with burn scar assessment results, hypotheses, outcome goals and rehabilitation treatment plan • Consideration of patient/ family goals and capabilities, resources, environmental factors, cultural beliefs, and social/ psychological factors • Methods of education/ instruction • Phase of recovery • Barriers to adherence with plan and follow up 	<ul style="list-style-type: none"> • Education plan is consistent with previously described scenario details. • Scenario specific considerations are described. • Education plan is adequately described. Education plan is appropriate for phase of recovery. • Barriers to adherence are addressed in education plan.
<p>9) Discuss elements of teamwork and communication that facilitated optimal scar management and outcome.</p>	<ul style="list-style-type: none"> • Multidisciplinary burn team member involvement in and understanding of the patient's plan of care and goals • Methods to facilitate communication and collaboration between team members regarding optimal rehabilitation • Impact of team approach 	<ul style="list-style-type: none"> • Sufficiently describes other members of burn team. • Adequately describes methods used. Thoroughly portrays impact of team approach on case outcome.
<p>10) Hypothesize which factors associated with the patient's premorbid status and/or burn injury history contributed to the burn scar evaluation results and plan for management.</p>	<ul style="list-style-type: none"> • Factors related to wound assessment • Premorbid considerations • Course of care considerations 	<ul style="list-style-type: none"> • Provides hypothesis, which synthesizes patient's premorbid status and burn history with assessment findings. • Rationale for management plan is consistent with hypothesis.

BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

Practice Domain - Wound Management

Standard - Candidate will demonstrate advanced proficiency in the evaluation and treatment of burn wounds. The ability to analyze assessment findings and defend wound care treatment decisions demonstrating a high-level understanding of anatomy and wound healing must be detailed.

Specialty Practice Objectives (SPO):	SPO Guide: It is recommended that the applicant provide the following information in the responses.	Evaluation Criteria: The reviewer will use the following criteria to evaluate the Portfolio Application.
1) Describe how burn wounds were evaluated, results obtained from methods and tools used and the anatomy and function of skin.	<ul style="list-style-type: none"> • Assessment tools/methods used • Rationale for standardized or non-standardized methods and tools selected • Findings from assessments • Evaluation and consideration of co-morbidities • Factors that influence timing of evaluation • Anatomy and structures of the skin impacted by burn injury • Function of skin and relevance to wound healing 	<ul style="list-style-type: none"> • Tool selected should match patient demographics and situational presentation. Adequately justifies tool selection. • Findings are provided; details substantiate that tests were applied correctly. • Description of comorbidities was provided. Provides logical, relevant, and applicable factors appropriate for practice setting and scenario. • Adequately describes skin anatomy, function, structures and pathophysiology related to wounds.
2) Analyze the results of the burn wound evaluation.	<ul style="list-style-type: none"> • Implications of assessment findings on treatment plan • Comparison to expected normal or baseline values 	<ul style="list-style-type: none"> • Assessment findings are clearly linked to treatment plan. • Provides objective or qualified commentary on degree of departure from normal when present and significance of these findings.



BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

3) Design and implement an individualized rehabilitation treatment plan for wound care based on evaluation of health and wound status, assessment findings and anticipated outcomes.

- **Treatment plan is based on evaluation findings, analysis, injury characteristics, patient specific characteristics and time post-burn.**
- **Components of treatment and how they were applied**
- **Timing and progression of treatment**
- **Integration of treatments with other rehabilitation interventions**
- **Past medical history, pre-morbid and patient specific characteristics related to wound healing**

- Treatment plan matches issues revealed in assessment and follows logic of analysis presented.
- Plan discusses specific wound management strategies.
- Elements of treatment plan based on evaluation and analysis of evaluation, as well as unique patient presentation and characteristics.
- Standard and proven techniques should be discussed and related to particular scenario. Dosage and timing of treatment is supported by evidence or practice standards; other impacting factors specific to wound management are included or addressed in plan.
- Treatment is provided in efficient manner. Care is coordinated if relevant and available. Provides analysis that synthesizes patient's medical history, premorbid state, and personal characteristics with assessment findings.
- Adequately incorporates analysis into treatment plan.

BURN THERAPIST CERTIFIED (BT-C) DOMAIN STANDARD & SPECIALTY PRACTICE OBJECTIVES (SPO)

<p>4) Defend the treatment selection(s) based on evidence, patient input, clinical experience and/or existing resources.</p>	<ul style="list-style-type: none"> • Rationale for treatment plan should be consistent with evaluation findings • Resources that support the treatment selection (e.g. current scientific and literature based evidence, patient feedback, accepted clinical standards, etc.) • Clinical experiences that have contributed to decisions and treatments 	<ul style="list-style-type: none"> • Citation of specific and appropriate research articles, or burn standard of practice with reference. Can also use standardized tests of patient to justify. • Must be relevant to scenario and include justification based on objective data or feedback.
<p>5) Discuss the contraindications and precautions that must be considered with safe and effective implementation of these treatment approaches.</p>	<ul style="list-style-type: none"> • Contraindications and precautions for treatment • Potential harm of contraindicated treatments • Safe patient care concerns 	<ul style="list-style-type: none"> • Contraindications and precautions are relevant to scenario and evidence or reference cited. • Large majority or all of contraindications are addressed. • Consequences and risks of contraindicated treatments are discussed and relate to case.
<p>6) Propose treatment program modifications that may be required to enhance adherence, avoid complications, and optimize outcomes.</p>	<ul style="list-style-type: none"> • Alternative treatment approaches that are consistent with evaluation but respond to barriers or need for change/progression of treatment • Consideration of comorbidities and complications • Reason(s) why alternate treatment approaches may be necessary • Ongoing assessment and consideration of patient response to treatment 	<ul style="list-style-type: none"> • Justification for alternative treatment approach is consistent with evaluation and overcomes stated barriers. • Rationale provided. • Response to treatment modification is described.

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<p>7) Predict the expected outcome of the wound care treatment plan.</p>	<ul style="list-style-type: none"> • Predicted outcome based on findings of evaluation and re-evaluation, burn injury characteristics, individual characteristics of the burn survivor, and/or clinical experience of the practitioner 	<ul style="list-style-type: none"> • Accurately described predicted outcome that is consistent with evaluation data and scenario.
<p>8) Implement a patient/ family education plan that will optimize your treatment approach and goals.</p>	<ul style="list-style-type: none"> • Aligns with assessment results, hypotheses, outcome goals and rehabilitation treatment plan • Consideration of patient/ family goals and capabilities, resources, environmental factors, cultural beliefs, and social/ psychological factors • Methods of education/ instruction • Phase of recovery • Barriers to adherence with plan and follow up 	<ul style="list-style-type: none"> • Education plan is consistent with previously described scenario details. • Scenario specific considerations are described. • Education plan is adequately described. Education plan is appropriate for phase of recovery. • Barriers to adherence are addressed in education plan.
<p>9) Discuss elements of teamwork and communication that facilitated optimal wound management and outcome.</p>	<ul style="list-style-type: none"> • Multidisciplinary burn team member involvement in and understanding of the patient's plan of care and goals • Methods to facilitate communication and collaboration between team members regarding optimal rehabilitation • Impact of team approach 	<ul style="list-style-type: none"> • Sufficiently describes other members of burn team. • Adequately describes methods used. • Thoroughly portrays impact of team approach on case outcome.
<p>10) Justify infection control techniques used.</p>	<ul style="list-style-type: none"> • Procedures and interventions to prevent or address infection 	<ul style="list-style-type: none"> • Sufficiently describes precautions that were undertaken. • Interventions are explained and justified based upon assessment findings.



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Practice Domain – Secondary Competency Domain (Edema management, Post-operative management, Activities of Daily Living, Physical Agents/ Modalities, Community Reintegration, Biomechanics, Serial Casting, Complex Burn Sequelae, Cutaneous Impairment)

This Standard and SPOs may be used when presenting information for any of the above practice domains. The responses should be specific to the chosen domain.

Standard - Candidate will demonstrate advanced proficiency with evaluation and management of the area of practice selected and demonstrate a high-level understanding of the topic and application with the burn survivor. Ability to analyze assessment findings and defend treatment decisions throughout the phases of burn recovery must be detailed.

Specialty Practice Objectives (SPO):	SPO Guide: It is recommended that the applicant provide the following information in the responses.	Evaluation Criteria: The reviewer will use the following criteria to evaluate the Portfolio Application.
1) Describe how (selected domain) was evaluated and the results obtained from the methods and tools used.	<ul style="list-style-type: none"> • Assessment tools/methods used • Rationale for standardized or non-standardized methods and tools selected • Findings from assessments • Evaluation and consideration of co-morbidities • Factors that influence timing of evaluation 	<ul style="list-style-type: none"> • Tool selected should match patient demographics and situational presentation. • Adequately justifies tool selection. • Findings are provided; detail substantiate that tests were applied correctly. • Description of comorbidities was provided. Provides logical, relevant, and applicable factors appropriate for practice setting and scenario.
2) Analyze the results of the evaluation for (selected domain).	<ul style="list-style-type: none"> • Implications of assessment findings on treatment plan • Comparison to expected normal or baseline values 	<ul style="list-style-type: none"> • Assessment findings are clearly linked to treatment plan. • Provides objective or qualified commentary on degree of departure from normal when present and significance of these findings.

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<p>3) Design and implement an individualized rehabilitation treatment plan for (selected domain) based on evaluation and anticipated outcome.</p>	<ul style="list-style-type: none"> • Treatment plan is based on evaluation findings, analysis, injury characteristics, patient specific characteristics and time post-burn. • Components of treatment and how they were applied • Timing and progression of treatment • Integration of treatments with other rehabilitation interventions 	<ul style="list-style-type: none"> • Treatment plan matches issues revealed in assessment and follows logic of analysis presented. Plan discusses specific management strategies. • Elements of treatment plan based on evaluation and analysis of evaluation, as well as unique patient presentation and characteristics. • Standard and proven techniques should be discussed and related to particular scenario. Dosage and timing of treatment is supported by evidence or practice standards; other impacting factors are included or addressed in plan. • Treatment is provided in efficient manner. Care is coordinated if relevant and available.
<p>4) Defend the treatment selection(s) based on evidence, patient input, clinical experience and/or existing resources.</p>	<ul style="list-style-type: none"> • Rationale for treatment plan should be consistent with evaluation findings • Resources that support the treatment selection (e.g. current scientific and literature based evidence, patient feedback, accepted clinical standards, etc.) • Clinical experiences that have contributed to decisions and treatments 	<ul style="list-style-type: none"> • Citation of specific and appropriate research articles, or burn standard of practice with reference. Can also use standardized test results of patient to justify. • Must be relevant to scenario and include justification based on objective data or feedback.
<p>5) Discuss the contraindications, and precautions that must be considered with safe and effective implementation of these treatment approaches.</p>	<ul style="list-style-type: none"> • Contraindications and precautions for treatment • Potential harm of contraindicated treatments • Safe patient care concerns 	<ul style="list-style-type: none"> • Contraindications and precautions are relevant to scenario and evidence or reference cited. Large majority or all of contraindications are addressed. • Consequences and risks of contraindicated treatments are discussed and relate to case

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<p>6) Propose treatment program modifications that may be required to enhance adherence, avoid complications, and optimize outcomes.</p>	<ul style="list-style-type: none"> • Alternative treatment approaches that are consistent with evaluation but respond to barriers or need for change/progression of treatment • Reason(s) why alternate treatment approaches may be necessary • Consideration of comorbidities and complications 	<ul style="list-style-type: none"> • Justification for alternative treatment approach is consistent with evaluation and overcomes stated barriers. • Rationale provided. • Response to treatment modification is described.
<p>7) Predict the expected outcome of the (selected domain) treatment plan.</p>	<ul style="list-style-type: none"> • Predicted outcome based on findings of evaluation and re-evaluation, burn injury characteristics, individual characteristics of the burn survivor, and/or clinical experience of the practitioner 	<ul style="list-style-type: none"> • Accurately described predicted outcome that is consistent with evaluation data and scenario.
<p>8) Implement a patient/ family education plan that will optimize your treatment approach and goals.</p>	<ul style="list-style-type: none"> • Aligns with assessment results, hypotheses, outcome goals and rehabilitation treatment plan • Consideration of patient/ family goals and capabilities, resources, environmental factors, cultural beliefs, and social/ psychological factors • Methods of education/ instruction • Phase of recovery • Barriers to adherence with plan and follow up 	<ul style="list-style-type: none"> • Education plan is consistent with previously described scenario details. • Scenario specific considerations are described. Education plan is adequately described. • Education plan is appropriate for phase of recovery.

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<p>9) Discuss elements of teamwork and communication that facilitated optimal outcome.</p>	<ul style="list-style-type: none"> • Multidisciplinary burn team member involvement in and understanding of the patient's plan of care and goals • Methods to facilitate communication and collaboration between team members regarding optimal rehabilitation • Impact of team approach 	<ul style="list-style-type: none"> • Sufficiently describes other members of burn team. Adequately describes methods used. • Thoroughly portrays impact of team approach on case outcome.
<p>10) Describe special considerations relevant to the burn survivor at various stages of recovery for the practice domain chosen.</p>	<ul style="list-style-type: none"> • Burn specific considerations for domain topic. • Burn therapists role in application of practice domain 	<ul style="list-style-type: none"> • Adequately describes considerations that are specific to the burn population. • Sufficiently describes the relevance of burn therapists role in practice domain.