Twitter Posts

2019 Theme: Scald

1. #NBAWHotTip Coffee is often served at 175°F (79°C), making it high-risk for causing immediate severe scald burns.

2. #NBAWHotTip Babies and older adults have thinner skin, therefore they are at higher risk for deeper burns at lower temperatures with shorter exposure times.

3. Did you know #NBAWHotTip? Scald burns (from hot water, other liquids, and steam) are the cause of over one-third of all burn related injuries.

4. #NBAWHotTip Use non-slip placemats instead of tablecloths around toddlers as they may use the tablecloth to pull themselves up.

5. #NBAWHotTip Establish a safe area, out of the traffic path between the stove and sink, where children can play and be supervised.

6. #NBAWHotTip Always use oven mitts or potholders when moving pots of hot liquid or hot food.

7. #NBAWHotTip When filling a bath, run cool water first, and then add hot water. Then turn hot water off first.

8. #NBAWHotTip It takes only takes less than 5 seconds for a burn to occur from 140 °F (60° C) liquid.

9. #NBAWHotTip Keep all pot handles turned back, away from the stove to avoid curious fingers.

10. Did you know #NBAWHotTip? Tablecloths can become tangled in crutches, walkers, or wheelchairs, causing hot liquids to spill off the table.

11. #NBAWHotTip Never hold hot liquids when carrying a child.

12. #NBAWHotTip Food heats unevenly in microwaves. Jelly fillings may be extremely hot, even if the outsides of the food are warm.

13. #NBAWHotTip Supervision is the single most important factor in preventing tap water scalds.

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14. **#NBAWHotTip** If you must leave the bathroom while bathing a child, make sure you bring them with you.

15. Did you know **#NBAWHotTip**? 62% of people treated in burn centers for scald burns are children under the age of 5.

16. **#NBAWHotTip** Got a kid? Get a lid! Be sure to put a lid on your coffee or tea to prevent scald burns.

17. **#NBAWHotTip** Never place hot liquids on low coffee tables or end tables that are in reach for a young child.