



Prevent splatter burns!

When frying, use a pan lid to prevent splatter burns.



Never leave the stove unattended.

Stay in the kitchen while you are frying, grilling, or broiling food. If you leave, turn off the stove.



Stay alert!

The best time to cook is when you are wide awake, and not drowsy from medications or alcohol.

Keep your stovetop clear.

Always wipe clean the stove, oven, exhaust fan to prevent grease buildup.



Keep children safe in the kitchen!

Have a "kid-free zone" of at least 3 feet (1 meter) around the stove and areas where hot food or drink is prepared or carried.



Dress appropriately when cooking.

Wear short or close-fitting sleeves when cooking to avoid burn injury.



Monitor your appliances.

After cooking, check the kitchen to make sure all burners and other appliances are turned off.